

NATIONAL TRIO DAY CELEBRATION

In observance of National TRIO Day, a celebration was held in the Library for UMary TRIO students on Friday, Feb. 25.

What is National TRIO Day? It is a day of celebration, reflection and action around increased access to higher education for students through participation in TRIO where

students find a supportive community to answer questions, offer academic assistance and instill a sense of belonging.

TRIO leaders asked Congress to proclaim Feb. 28, 1986, as "National TRIO Day" to increase awareness and rally support for the programs.

TRIO/Student Support Services has been part of the University of Mary family for 41 years. Our program is funded to serve 160 students.



Students had an opportunity to write what TRIO means to them.



Enjoying TRIO Community



Breakfast goodies were served.

Students marked on a map where they are from.



TRIO STUDENTS IN ACTION!



Tennis player, Heidi Jacobson, won first place in 3rd doubles against Upper Iowa University on Feb. 6th.



Cole Jones (seated) playing the cajon in the Monday Morning Mission band on Feb. 14. Cole joined the band this semester. He also sings and plays the guitar.

TRIO Peer Mentor Job Opening

TRIO is looking for a Peer Mentor for the upcoming 2022-2023 school year. Applicants must be participants in the TRIO program and must have completed at least one semester in the program. This is a paid position! Applications are due by March 11th at 4pm. Reach out to your advisor or Brenda for an application.

TRIO STUDENT INTERNS

This semester, many TRIO students are active in the community and surrounding areas doing internships. These students include:

Starlynn Costa in marketing at the Dakota Children's Advocacy Center

Kyra Schulz is a Social Work intern doing Case Management at Youth Works

Carlos Gomez is an HR intern at the State of North Dakota Office of Management and Budget

Olivia Flure is doing a practicum in the athletic department at BSC

Reegin Kehn is at Active Life Chiropractic interning with the clinical exercise physiologist

Veronica Miller is a Social Work Intern doing Case Management at the North Dakota State Hospital

Emma Olson is at UMary interning with Student Development and Mission for Life

William Federson is at BSC in their Athletic Department

Anna Schwab is a Rad Tech Intern at CHI St. Alexius Medical Center

Derek Faul is interning at Bobcat Acceleration Center

Grace Girke is an HR Generalist intern at Eyebobs LLC in Minneapolis

Bri Norrell is a Rad Tech Intern at CHI St. Alexius Medical Center

Kaitlin Welters is an Intake Specialist intern at Premiere Tax and Bookkeeping



Kaitlin Welters was the winner of the prize from the Self-Defense Training Workshop last month.



Congratulations to Olivia Burmeister for winning the prize from the video contest on How to Beat the Winter Blues! Check out her video at: shorturl.at/gnpl3



ENGAGEMENT ANNOUNCEMENTS



Love is in the air this Valentine's Season! Congratulations to these TRIO students and their soon-to-be spouses.



TRIO students Gabe Thom and Mikaela Garwoski met through mutual friends before coming to UMary in August of 2020. Shortly after, they started dating. A foundational part of their relationship is praying the St. Michael Chaplet together daily. On December sixth, after praying, Gabe proposed to Mikaela in the chapel. The couple plans to get married in January of 2023.



TRIO student Emma Olson, and her fiancé, Gabriel Brooks, met at UMary. They plan to marry this year on August 20th.



TRIO student, Eve Heupel and fiancé, Andrew Merz, met in November of last year in a group of people playing ping pong! They then started meeting a few times a week to get hot cocoa and talk. The couple plan to get married next May in Bismarck.



PURSuing YOUR PERSONALITY: VALENTINE'S DAY WORKSHOP



TRIO student, Samantha Yazzolino and her fiancé, Aidan Goblirsch, met at UMary and plan to marry next winter.



TRIO student, Mohammad and his fiancé, Julia, met at work and plan to get married summer of 2023.

On Feb. 14th, TRIO students around self-love and better understanding one's self. Students who participated received a copy of the learned about their Enneagram book, *Discovering Your Enneagram Type*. The workshop was centered

FALL 2021 DEAN'S LIST STUDENTS

Congratulations to the following TRIO students who made the Fall 2021 Dean's List. To qualify for the Dean's List, students must have a 3.5 GPA or higher.

Muhummad Amiri	Eve Heupel	Brianne Norrell
Casey Anderson	Donzell Howard	Emma Olson
Rebekah Baker	Jordan Huizenga	Maria Osterbauer
Elly Bjork	Cole Jones	O'Connell Qualley
Monica Bute	Reegin Kehn	Paul Quinn
Starlynn Costa	Thaddeus (John)	Brianna Ramey
Natalia Cruz	Kocon	Ana Salazar
Reagan Dalton	Nicole Koepf	Kyra Schulz
Katie David	Molly Koralewski	Anna Schwab
Joseph Dettloff	Jacinta Kreiner	Noah Scordato
Rami Douri	Sarah Lagge	Emma Senderhauff
Lynn Duong	Adria Lamb	Abigail Serbus
Gabe Fanning	Jonah Laundergan	Dylan Smith
Emilee Fergel	Theodore Lillico	Grace Streeter
Olivia Flure	Abigale Loel	Hailey Thorlakson
Olivia Fredock	Abigail Lynch	Anthony Valequez
Grace Gierke	Rachel Mazourek	Ava Vizenor
Hailee Godfrey	Isaiah Martens	Kaitlin Welters
Carlos Gomez	Emily Montgomery	Samantha Yazzolino
Camille Joy Hagen	Alessandro Narez-	Hailey Zacher
Conan Hayton	Meza	
Madelaine Heggstad	Justin Ng	

Upcoming TRIO Workshops

Mar. 8: Choosing a Grad School

12:00 - 1:00 pm Janet Lanterman Conference Room (GTSB)

Deciding on a graduate school is a huge decision. Professor Amy Duchsherer will give helpful tips to consider when choosing a graduate school.

Mar. 9: Salsa Dancing

4:00-5:15 pm Chick's Place

Northern Plains Dance and TRIO are partnering up. Join us for a fun evening of learning salsa dancing! Sign up with your advisor. Spots are limited.

Mar. 22: Etiquette Dinner

5:30-7:30 pm Chick's Place

Career Services and TRIO are partnering up! Learn proper etiquette for your next important dining experience and enjoy a free meal! Please RSVP to your TRIO Advisor. Seats are limited.

Mar. 30: Financial Aid Jeopardy with Friends

3:30-4:30 pm Welder 208

Learn, engage, and have fun while testing your knowledge on personal finance-related topics in game-like fashion. Presented by Kristen Kihle from the Financial Aid office.

REMEMBER

Early registration for fall classes is March 7th-15th! Sign up with your advisor ASAP to register! This is one of the benefits to you as a TRIO student.

Dates to Remember



Mar. 3-6: Spring Break

Mar. 4: Midterm Ends

Mar. 7: Fall Advising Opens

Mar 7: 6-9 pm Chick's Place: Youth Works Service Project

Mar. 12: 7-11 pm Chick's Place: Irish Hooley

Mar. 13: 3-5 pm Founder's Hall: Spring Band Concert

Mar. 18: Last Day to Add/Drop with a W

Mar. 20: 3-5 pm AGH: Steel Band and Percussion Concert

Mar. 21: Online Registration Opens

Mar 25: 7:30-8:30 pm RMH: Spring Vocal Arts Concert

Mar. 31: 7:30-8:30 pm Chick's Place: Jazz Ensemble Concert

Every Monday: 10-11 am LVUC Living room: Monday Morning Mission

Final Exam Schedule:

	Begin	End	Course Group
Monday, 4/25/2022	8:00 AM	10:00 AM	MWF - 12 pm courses
	10:15 AM	12:15 PM	MWF - 9 am courses
	1:00 PM	3:00 PM	TH - 9:30 am courses
	3:15 PM	5:15 PM	MWF - 3 pm courses

	Begin	End	Course Group
Tuesday, 4/26/2022	8:00 AM	10:00 AM	MWF - 11 am courses
	10:15 AM	12:15 PM	MWF - 1 pm courses
	1:00 PM	3:00 PM	TH - 12:30 pm courses
	3:15 PM	5:15 PM	MWF - 10 am/4 pm courses or Flexible Exam Time

	Begin	End	Course Group
Wednesday, 4/27/2022	8:00 AM	10:00 AM	TH - 2 pm courses
	10:15 AM	12:15 PM	TH - 11 am courses
	1:00 PM	3:00 PM	MWF - 2 pm courses
	3:15 PM	5:15 PM	TH - 3/4 pm courses or Flexible Exam Time

	Begin	End	Course Group
Thursday, 4/28/2022	8:00 AM	10:00 AM	MWF - 8 am courses
	10:15 AM	12:15 PM	TH - 8 am courses
	1:00 PM	3:00 PM	TH - 1 pm courses or Flexible Exam Time
	3:15 PM	5:15 PM	TH - 10 am courses or Flexible Exam Time