

Dear University of Mary Student,

On behalf of the University of Mary, thank you for your commitment to the health and safety of our community. Out of care and concern for your health and the health of those around you, the following guidelines have been created. These guidelines provide the expectations that we hold for all students, faculty, and staff. Please read the expectations outlined below.

In the event a student experiences symptoms of COVID-19, the student is asked to follow these procedures:

1. He or she will contact the university's Student Health Clinic and self-quarantine until receiving direction from the clinic's staff.
2. If deemed necessary, the student will wear a mask to visit the clinic and be tested.
3. While waiting for results, the student will quarantine in his or her residence hall room or at his or her place of residence. Should the student have roommates, please refer to point 5. Dining Services will have to-go meals available at the pickup window at the Crow's Nest Campus Restaurant for any students quarantining on campus. A mask will be required anytime quarantining students leave their rooms.
4. If a student residing in a residence hall tests positive, he or she will be moved to a designated area of campus housing. The student will remain isolated for the recommended amount of days per current North Dakota Department of Health [guidelines](#). Commuter students will be asked to isolate in their own place of residency. Space limitations and other circumstances may require residential students who can identify an acceptable place for isolation in North Dakota are asked to isolate in that place. Please know that students able and willing to isolate at home are welcome to do so and will be welcomed warmly back to campus once the isolation period has come to a conclusion.
5. Those exposed through close contact no longer need to quarantine. Students are asked to get tested on day 5 following their last exposure, if possible. They should wear a well-fitted mask for the entire 10 days following their last exposure. If a student develops symptoms at any time, he or she should stay home and follow direction given by the university's Student Health Clinic or another healthcare provider.

*Any student who has tested positive for COVID-19 is required to isolate. Please refer to www.umary.edu/Covid for updates to the University of Mary's Return To Campus Guidelines and Protocols.

Student isolation guidelines are located on the reverse side.

Student Isolation Expectation:

Any student who has tested positive for COVID-19 and chooses to isolate on the University of Mary Campus will contact the 24-hour residence life on-call phone to coordinate a check-in to the designated isolation area, or will call to inform his or her residence director of the student's plan to isolate at an off-campus location.

Any student that has tested positive for COVID-19 will follow the directives set forth by medical professionals and the North Dakota Department of Health.

Checking-in

Once you have coordinated your check-in to the designated isolation location, please gather all necessary belongings from your current Residence Hall assignment. You must wear a mask during this process.

Items to bring:

- Change of clothes (7-days recommended)
- Toiletries (toothbrush, toothpaste, soap, towels etc.)
- Bed linens/pillow
- Class materials (laptop, textbooks, etc.)
- Personal entertainment

Remaining in Isolation

Students in isolation are not permitted to leave their assigned isolation room unless necessary, and when necessary, must wear a mask. Isolation periods will follow the directive of the North Dakota Department of Health [guidelines](#).

Academics

Please coordinate with your professors regarding assignments and utilize Canvas for coursework.

Meals

While in isolation on-campus, meals will be delivered to students. Once a student has been placed in isolation on-campus, an email will be sent to their student email with instructions for requesting meal services. Please read and follow appropriately.

IMPORTANT CONTACT INFORMATION

For any specific non-emergency needs, please contact Alex Cournoyer at ajcournoyer@umary.edu

24-hour Residence Life on-call: 701-425-5242

24-hour Campus Safety & Security: 701-355-8000

University of Mary Health Clinic: 701-530-3670

24-hour CHI St. Alexius Health Counseling:
701-355-7195 or 800-327-7195