

# TRIO

STUDENT SUPPORT SERVICES

# March & April 2021



UNIVERSITY  
of MARY

## End-of-the-Year TRIO Celebration



Clare Volkmuth

The TRIO End-of-the-Year Celebration was held on April 13, in Chick's Place to honor TRIO student achievements and enjoy a sit-down meal. The Outstanding Freshmen

was awarded to students who worked hard through their first year at UMary. They have not let the transition to college and being away from their families affect their studies: Derrick Van



Kasidy Chileen

Overbeke, Isaiah Maertens, and Olivia Flure.

The Overcomer Award was awarded to students who have not let anything keep them down as they continued to push through and work hard: Muhammad Amiri, Nici Eckhardt, Kayla Kitzmann and Clare Volkmuth.

The Participant of the Year Awards were given to students who go above and beyond the required attendance for TRIO event: Odalys Montenegro



Muhammad Amiri

Ramos, Sarah Lagge, and Gabriel Thom.

The Outstanding Senior Awards were given to seniors who have been active participants in the TRIO program throughout all four years: Kasidy Chileen, Jacob Gartner, Mabel Addo, and Elizabeth Wagner.

Recognition was also given to the Peer Mentors Elizabeth Serr and Devan Rohrich; Senior Graduates; and TRIO Elite Graduate Award Recipients presented to Marquell Evans and Devan Rohrich.



Elizabeth Serr



Back L to R :Mabel Addo, Nicole Emmett, Clare Volkmuth, Julianna Ricciardi, Anastasia Koralewski, Devan Rohrich, Nicholas Mortenson, Mollie Anderson. Front L to R: Michael Dettloff, Kasidy Chileen, Olivia Salomek, Bethany Sando, Abigail Buhain



Students enjoyed a Mexican fiesta



# UMary Student Leadership Awards Ceremony



**Marquell Evans and Devan Rohrich**

The University of Mary Student Leadership Awards Ceremony was held Thursday, April 8. Receiving the TRIO Elite Graduate Awards were Marquell Evans and Devan Rohrich.

This award exemplifies all the attributes of a successful TRIO student

by taking full advantage of the TRIO program, demonstrating outstanding leadership skills, exhibiting a positive attitude, and achieving a GPA of 3.5 or greater.

Marquell Evans who hails from Las Vegas, Nevada, will be receiving his Bachelor's Degree in Sports and Leisure Management. Marquell will continue his education at UMary in the fall, starting his MBA while finishing his football eligibility within the next two years. Marquell has not only been an outstanding student academically, he has been a leader and inspiration to other TRIO students.

Devan is from Mandan and is the oldest brother of six boys. Devan will be graduating with a Bachelor's in Psychology with minors in Philosophy and Sociology. In the fall, he will return to UMary as he begins his Master's in Clinical Mental Health Counseling with a goal of earning a PhD in Clinical Psychology. On top of all of this, he is getting married in June! Devan has



**Michael Waddell**

received awards that night included Cali Modglin, a recipient of the Exercise Physiology Outstanding Research Award, and Michael Waddell who was recognized as the Outstanding University Ministry Volunteer.

also served admirably as a TRIO Peer Mentor over the last two years, and in Devan's own words, he is a "proud TRIO student," and our TRIO staff is proud of him. Other TRIO students who also



**Cali Modglin**

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## Etiquette Dinner

On Tuesday, March 23rd, TRIO students attended the annual Etiquette Dinner. Students learned how to use proper etiquette when dining in a professional setting. They learned proper table settings, which silverware to eat with, and how to hold a professional conversation.

Callista Gould was the presenter this year. She has over 15 years of experience teaching proper etiquette to various companies, organizations, and schools. Callista kept students engaged by sharing several horror and success stories that she has experienced. She also had students participate in mock interactions with other students to work on their networking skills.



**Front: Nicole Emmett, Julia Booton, Kateri Huebner, Olivia Flure, Odalys Montenegro Ramos**

**Back: Derrick Van Overbeke, Samantha Yazzolino, Elizabeth Serr, Anna Hobbs, Reegin Kehn, Santiago Stewart**



# Marauder Athletics



## Triangular Golf Meet

On Thursday, April 4, the University of Mary men's and women's golf teams hosted the UMary Triangular. This was their first golf tournament in over 14 years.

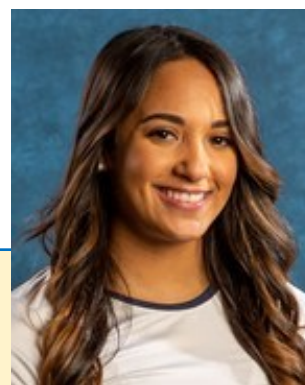


Jonah Laundergan

The men's team took first place and the women's team finished second in the UMary Triangular. Competing against UMary was Dickinson State University and Valley City State University. Competing for the University of Mary was Ali Hulst, Sarah Helmuth and Jonah Laundergan.



Sarah Helmuth and Ali Hulst



## Student Athlete Spotlight: Natalia Cruz

**Hometown:** San Juan, Puerto Rico

**Major:** Biomechanics **Minor:** Psychology

**Why did you choose this major?**

I chose Biomechanics because I am very analytical when it comes to human movement. I felt like I would be interested in the course material and classes I would take. I also felt like this major would give me an edge for Physical Therapy.

**You have been a student athlete your entire time at UMary. Any advice for other students on how to balance being an athlete and a full time student?**

Make sure to have a calendar and a daily "To do" list. The calendar should have everything going on in your life: practices, classes, personal activities, etc. I always plan my weeks ahead and make sure to plan some self-care or "me time" every single day. This has helped me greatly, especially during hard semesters.

**What resources have contributed to your success as a student and athlete?**

TRIO registration and TRIO tips and workshops. Opening up to my advisors also helped them guide me through this. It made me realize I am not alone and I'm worth helping!

**What has it been like playing Volleyball this year with the restrictions of COVID 19?**

It has been different not being able to compete but it has also helped us develop into a better team. We've been able to work on the aspects of our game that we need to improve and we are definitely better because of it. There has also been a lot of testing and protocols that we've had to follow in order to be able to compete, but at the end of the day I'm glad that we have at least been able to be on the court competing.

**Congratulations on being nationally ranked!! Tell us about the experience of finding out you were nationally ranked and about the ranking.**

Thank you! It was definitely a humbling experience when I found out. I've worked very hard at my craft, and to find out about the national ranking definitely humbled me and reminded me of why I'm here. I was ranked 12th in the nation in service aces per set. I'm looking forward to proving even more when the season rolls around in the fall!



# Student Highlights

## Alternative Spring Break Experience

An Alternative Spring Break experience was held March 4-7. Fifteen students took part in three different experiences, giving up part of their spring break to serve others. They learned more about what it means to care for grieving families and what death looks like from the perspective of a funeral director, and afterwards prayed for the dead by visiting a cemetery.

Later, they encountered those on the margins by providing food through a food pantry at Ministry on the Margins. Finally, they prepared

and served food for patrons of the Soup Cafe.



TRIO Student Joseph Amidon is pictured in the back row, fourth from left.



Devan and Brynne

TRIO student Devan Rohrich and his fiancée, Brynne Walk, were featured on the front page of the Bismarck Tribune on April 4. They were showing their artistic abilities with Ukrainian pysanka on goose and chicken eggs while attending a Slavic Egg Decorating course instructed by Professor Marek Dojs.

## Big Band Social and Fundraiser



TRIO Student Grace Streeter performing

The Big Band Social was an event hosted by Student Government and Music Student Organization as a fundraiser for Ministry on the Margins. This event featured performances from the UMary Jazz Band, Jazz Combos, Vocal Jazz, Social Dance Club, and Musical Theatre Troupe. It was a really fun night!

TRIO Student Grace Streeter not only danced, but also helped to choreograph the dances.

## Financial Literacy Jeopardy



A fun game of Jeopardy was held on March 29 and March 30 to sharpen students' skills on Financial Literacy.



A group of students strategizing answers for Jeopardy.