

Fitness Classes

IN THE UNIVERSITY OF MARY
FIELDHOUSE FITNESS STUDIO



Sept 22 (5-5:45pm)

SCULPT & STRENGTH

Sept 29 (5-6pm)

MOVE & TONE



Oct 6 (5-5:45pm)

BARRE SCULPT

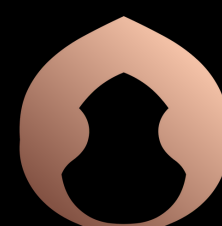
for more info:



UNIVERSITY
of MARY

Student Recreation
& Wellness Program

Naomi Erdahl: njerdahl@umary.edu



www.soulhavenstudio.com

MindBody App: Soul Haven Studio