On April 9th, 2019 the University of Mary held a Student Leadership Awards Banquet. Five TRIO students were recognized and presented with awards. TRIO students Stephen Tan and Lauren Kraft received the TRIO Elite Graduate Award. This award exemplifies all of the attributes of a successful TRIO student by taking full advantage of the TRIO program, demonstrating outstanding leadership skills, exhibiting a positive attitude, and achieving a GPA of 3.5 or greater.

Lauren Kraft is from Rugby, ND and is an Exercise Science Major with Cum Laude honors. After graduation she will start the Occupational Therapy Program in June and plans to earn her doctorate degree by 2022. Lauren shared that TRIO has helped her succeed throughout her college career by guiding, volunteering, and serving the community. TRIO also challenged her to go outside of her comfort zone and meet new people while creating new friendships.

Stephen Tan hails from Waukegan, IL. He is a Liberal Arts major with a Catholic Studies minor, Business Admin Minor, and Biology minor, with Cum Laude honors. His priorities are God, family, friends, and his studies. Even with the busyness of his studies, he manages to sneak in a bit of Ultimate Frisbee, SuperMash outdoor time, and chapel visiting. A fun fact about Stephen is he is able to do the splits!

David Chavez
Outstanding Senior Athletic Training Award

Shayla Nelson
Sandra Nicholson Award

Sarah Rapp
Presidential Student Leadership Award

Congratulations TRIO students!
On Monday, April 8th, TRIO hosted their annual End of the Year Celebration. The celebration was a great way to celebrate a year of excellence with the TRIO students. TRIO student Chris Riedman performed a vocal piece and Academic Advisor in the SSC, Erik Cutler, performed guitar while an Italian meal was enjoyed. Several awards and recognitions were given to TRIO students. There were special performances of The Masked Advisors and Carpool Karaoke.

(Right) SSC Academic Advisor – Erik Cutler
(Below) Peer Mentors – Dora Cantu & Mary Montoya

Scholarly Dog – Kristi Wanner
Collegiate Cow – Maureen Moriarty
Studious Stallion – ReSh Compton
Llama Pass This Class – Brenda Nottestad

(Right) Chris Riedman
There were many TRIO students who received awards and recognition at the End of the Year Celebration. The Freshman of the Year Award went to Ryan Hall, Reegin Kehn, and Mikayla Lindquist. The Outstanding Senior Award was received by Mariah Foote, Erin Heidrich, Amber Kraft, Sarah Rapp, and Tanesha Struebing. The Overcomer Award went to David Alimo, Patricia Bartos, Mary Montoya, Ryan Naki-Poomaihealani, Ashley Robledo, and Mya Vetter. There was also the Volunteer Above and Beyond Award which went to John Cornwell, Nicole Emmett, Nicole Miller, Sarah Rapp, and Olivia Salonek. The last award given was Participator of the Year which was given to Marquell Evans and Elizabeth Serr.

Congratulations to all of our award recipients!

TRIO student Shayla Nelson had her Junior Recital on Friday, April 5th, in R.M. Heskett Hall Clarmont Center for Performing Arts. She was accompanied for a couple pieces by TRIO student Claudia Diener on the flute. Shayla performed works by Brahms, Mozart, Quilter, and Phantom of the Opera.

Vocal Recital
Congratulations to the 2019 TRIO Graduates!

Sarina Aamold - Radiologic Technology, Cum Laude
Maria Bolibruch - Respiratory Therapy
Dora Cantu - Communication
Angela Carter - University Studies
David Chavez - Athletic Training, Magna Cum Laude
Jean Cruz - Computer Information Systems
Christine David - Elementary Education, Early Childhood Education, Cum Laude
Brittany Davis - Communication Sciences and Disorders
Allison Dion - Early Childhood Education, Special Education, Elementary Education
Jane Dukart - Social Work
Brent Fix - Financial Services and Banking, Business Administration
Mariah Foote - Psychology, Cum Laude
Izabella Frederiksen - Communication
Carly Hands - Psychology
Molly Helget - Communication
Erin Heidrich - Social Work
Allison Kipp - Respiratory Therapy, Spanish, Cum Laude
Cody Klamm - Business Administration
Cayli Kolden - University Studies
Amber Kraft - Psychology
Lauren Kraft - Exercise Science, Cum Laude
Hannah Meier - Athletic Training, Summa Cum Laude
Nicole Miller - Psychology
Mary Montoya - Communication
Ryan Naki-Poomaihealani - Business Administration
Hannah Redinger - Psychology
Christopher Riedman - Philosophy, Catholic Studies
Haley Roberts - Politics
Tanesha Struebing - Business Administration, Healthcare Administration
Stephen Tan - Liberal Arts, Cum Laude
Rachell Vargas-Comme - Psychology, Cum Laude
Mariah Woodring - Philosophy, Cum Laude

De-Stress for Finals Success:

Color Me Calm - April 8-25, Lower Level Welder
Puzzles - April 8-25, Lower Level Welder
Dog Day Afternoon - April 12, 2:30-4 pm & April 18, 6-7:30 pm, Welder Library
Relaxation Station - April 15, 10 am-2 pm, LVUC Breakout Room A. Must reserve 30 min session at the SSC.
Massages - April 16, 11 am-1 pm, Lower Level Welder. Must reserve spot in the SSC.
Make a Stress Ball - April 16, 3:30-5:30 pm, CHI St. Alexius Clinic LVUC.
Stretch Out Your Stress - April 16, 5:30-6:15 pm, Fieldhouse Fitness Studio. Hosted by TRIO Advisor, Maureen Moriarty
Let’s Get Crafty - April 17, 9 am-1 pm, Lower Level Welder. Make a dry erase memo board and/or decoupage coaster.
Hydration Station - April 17, 10 am-12 pm, Starion Bank Living Room
Coffee & Crossword - April 18, 8-11 am, Starion Bank Living Room
Hot Dog Bar - April 22, 11 am-1 pm, Welder Library. Goes until supplies run out.
Let’s Go Marauders! - Cheer for the baseball and softball teams. Look at the De-Stress flyer for dates and times.
Please join the SSC in the lower level of Welder for a variety of snacks the week of finals.