

Dear University of Mary Student,

On behalf of the University of Mary, thank you for your commitment to the health and safety of our community. Out of care and concern for your health and the health of those around you, the following guidelines have been created. These guidelines provide the expectations that we hold for all students quarantining within their residence hall. Please read the expectations for quarantine outlined on the following page thoroughly. Please know that students able and willing to quarantine at home are welcome to do so and will be welcomed warmly back to campus once the quarantine period has come to a conclusion.

*\*Any student who has been identified as a “close contact” to an individual who has tested positive for COVID-19 and/or is exhibiting symptoms of COVID-19 is expected to quarantine. Please refer to [www.umary.edu/Covid](http://www.umary.edu/Covid) for updates to the University of Mary’s Return To campus Guidelines and Protocols.*

#### **Student Quarantine Expectation:**

Any student entering quarantine should email his or her residence director to inform the director of the student’s need to quarantine. The following information should be provided:

- Student First and Last Name
- Room Number
- Quarantine Start Date
- Anticipated Quarantine End Date

*Please refrain from making any unnecessary trips outside of your assigned residence hall room. If for any reason you are not in your room, you must wear a mask.*

#### **Necessary Activities:**

- Using the restroom
- Meals- to-go options are available outside of the Crow’s Nest. Please do not enter the Crow’s Nest
- Outside exercise- please know you are welcome to walk the campus while wearing a mask. Please do not enter other buildings unless necessary.
- Emergencies (fire alarms etc.)
- Visiting the bookstore to buy essential items
- Medical care

#### **Activities to Refrain from:**

- Attending in-person classes – Please contact your instructor to coordinate your coursework.
- Eating meals in the Crow’s Nest
- Social gatherings/events
- Exercising in the fieldhouse
- Visiting with friends in-person
- Traveling into town (for non-emergencies)

#### **IMPORTANT CONTACT INFORMATION**

24-hour Residence Life on-call: 701-425-5242  
24-hour Campus Safety & Security: 701-355-8000  
University of Mary Health Clinic: 701-530-3670  
(2-4 pm Monday through Thursday)  
24-hour CHI St. Alexius Health Counseling:  
701-355-7195 or 800-327-7195

*Student isolation guidelines are located on the reverse side.*

Dear University of Mary Student,

On behalf of the University of Mary, thank you for your commitment to the health and safety of our community. Out of care and concern for your health and the health of those around you, the following guidelines have been created. These guidelines provide the expectations that we hold for all students isolation within their residence hall. Please read the expectations for isolation outlined on the following page thoroughly. Please know that students able and willing to isolation at home are welcome to do so and will be welcomed warmly back to campus once the quarantine period has come to a conclusion.

*\*Any student who has tested positive for COVID-19 is required to isolate. Please refer to [www.umary.edu/Covid](http://www.umary.edu/Covid) for updates to the University of Mary's Return To campus Guidelines and Protocols.*

#### **Student Isolation Expectation:**

Any student who has tested positive for COVID-19 and chooses to isolate on the University of Mary Campus will contact the 24-hour residence life on-call phone to coordinate a check-in to the designated isolation area, or will call to inform his or her residence director of the student's plan to isolate at an off-campus location.

*Any student that has tested positive for COVID-19 will follow the directives set forth by medical professionals and the North Dakota Department of Health.*

#### **Checking-in**

Once you have coordinated your check-in to the designated isolation location, please gather all necessary belongings from your current Residence Hall assignment. You must wear a mask during this process.

#### **Items to bring:**

- Change of clothes (14-days recommended)
- Toiletries (toothbrush, toothpaste, soap, towels etc.)
- Bed linens/pillow
- Class materials (laptop, textbooks, etc.)
- Personal entertainment

#### **Remaining in Isolation**

With the exception of an emergency situation, students in isolation are not permitted to leave their assigned isolation room until approved by a medical professional.

#### **Academics**

Please contact your instructor to coordinate your coursework.

#### **Meals**

While in isolation, meals will be delivered to students. Once a student has been placed in isolation on-campus, an email will be sent to their student email with instructions for requesting meal services. Please read and follow appropriately.

#### **IMPORTANT CONTACT INFORMATION**

For any specific non-emergency needs, please contact Alex Cournoyer at [ajcournoyer@umary.edu](mailto:ajcournoyer@umary.edu)

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