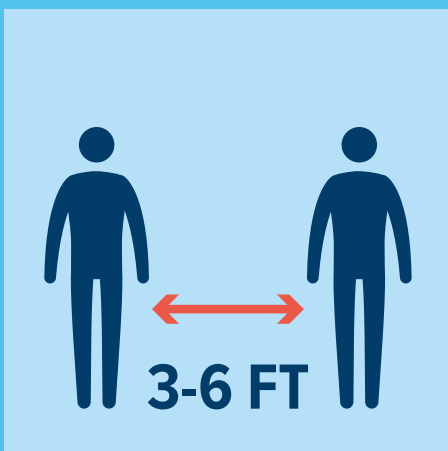


## COVID-19 / CORONAVIRUS

# Social Distancing & Prevention



### KEEP 3-6 FEET OF DISTANCE

Try to keep at least 3-6 feet of distance between you and others.



### AVOID SHAKING HANDS, HUGS, ETC.



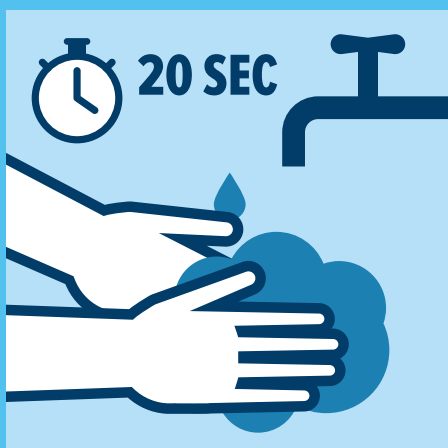
### AVOID LARGE GROUPS

At Mary, we are limiting groups to no more than 30. Classes with more than 30 are being moved to larger rooms to enable students to spread out.



### AVOID UNNECESSARY CONTACT

Email, call, text, etc. when possible.



### WASH HANDS OFTEN

Wash hands often. Learn to wash hands effectively and do so for at least 20 seconds, which is just enough time to say the Lord's Prayer.

### When gathering as part of a small group:

- Disinfect surfaces before and after gathering
- Wash or disinfect hands before and after gathering
- If food is served, use food that comes in individual containers – avoid having dishes where people help themselves from a common bowl or plate
- Spread out



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Please keep up to date at [www.umary.edu/covid](http://www.umary.edu/covid).  
Email [healthinquiry@umary.edu](mailto:healthinquiry@umary.edu) with questions.